Friday 4th September
- Assembly 1/2B 2.30pm
- Father’s Day Breakfast and activity morning stall/raffle

Tuesday 8th September
- Confirmation Family night 1 at 7pm

Friday 11th September
- PFA Meeting 9 am
- Assembly 1/2C 2.30pm

Saturday 12th September
- Confirmation Presentation

Sunday 13th September
- Confirmation Presentation

Tuesday 15 September
- Divisional Athletics

Wednesday 16 September
- Talent Show 11.30am to 1 pm

Friday 18th September
- Footy Day
- Assembly 1/2G 2.30pm
- END OF TERM 3

Wednesday 7th October
- Confirmation Workshop Day in Church

PRAYER

This week we rejoice in God’s gift of fatherhood. We experience God especially through the people in our lives and fatherhood is one expression of God’s presence.

On Father’s Day we show our appreciation for fathers, stepfathers, fathers-in-law, guardians, foster parents, and family friends.

PRINCIPAL’S NEWS

eSmart Schools is a behaviour-change initiative designed to help schools improve cybersafety and reduce cyberbullying and bullying.

eSmart is a series of cultural change interventions developed by The Alannah and Madeline Foundation, aimed at creating positive, respectful and inclusive cultures which reduce bullying and cyberbullying and increase online safety.

A whole-of-community approach is needed in order to create change.

An eSmart approach is based on the premise that real behavioural and cultural change requires systemic, long-term, multifaceted interventions.

The eSmart Schools Framework

The eSmart system guides the whole school community through a process of developing and implementing change. It is based on a great deal of research and evidence about what has worked to generate change in schools in Australia and around the world.

eSmart schools framework is organised into six domains:

At St Paul Apostle North we are working to become accredited as an eSmart School by 2016. We are setting up an eSmart Committee and will be consulting with parents and students as we become eSmart. If you are interested in working with us we would love to hear from you. You do not need to attend a meeting we can consult via email, the phone or even Skype at a time that suits you. Just send me an email if you are interested, cwhite@spanhills.catholic.edu.au.
Technology is part of our world. It is well and truly out of the box and there is no way we put it back in the box or wind the clock back to a by gone era. We need to embrace all of the advantages to learning and communicating that it brings. We must also teach our digital citizens how to be safe and responsible users of this powerful technology. Let us help each other develop eSmart children, schools, families and communities.

**1:1 iPads for Students expanded to Gr 3-4 in 2016**

At St Paul Apostle North we have successfully implemented a 1:1 iPad program for our Grade 5 and 6 students for the past 3 years. Having their own device, has enabled ready access to the internet and technology tools for learning. This has saved time with quick and available access when this technology has been required.

The iPad has not meant that children are using it all the time. It is a tool that is used when appropriate along with other resources that continue to include books, pen and paper. Having their own device has been a great privilege that children have treasured. They have used the technology with great care. Since introducing iPads, we have had only one screen requiring repair in three years!!

Having their own device has enabled children to continue to work on projects outside of school hours and it has given parents access to student’s work. These are areas that we continue to strengthen and enrich. Parent access to student learning and teacher feedback are areas of focus as our Catholic Education Victoria move to ICON - Integrated Catholic Online Network. The first steps to this move is occurring this week for us at St Paul Apostle North as we move to using GAFE – Google Apps for Education. Next year we will prepare to move to ICON with the changeover occurring in Term 1, 2017.

As we prepare for the access to technology required by students, we are planning to extend our 1:1 program so that it will provide the opportunity for children in Years 3 and 4 as well as the current Year 5 and 6 students. We are proposing to make this possible for 2016. Students in Grades 3 and 4 will be able to join our Grade 5 and 6 program by selecting one of the following options:

- Bring their own iPad.
- Buy a device through the school.
- Lease an iPad through the school over four years instead of just two years.
- Continue to use available school IT resources.

While option 4 is available, it will not guarantee immediate access when required as available devices will need to be shared. There are some restrictions and difficulties accessing work on a device that is not for the sole use of the student.

**We are inviting parents of current Year 2, 3 and 4 students to attend an Information Evening in Term 4 on Thursday 22nd October at 7pm to learn more about this initiative. If you have any questions in the meantime, please email me.**

cwhite@spanhills.catholic.edu.au

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**RELIGIOUS EDUCATION**

**YEAR 6 CONFIRMATION**

Our second family night helped us realise that we are all spirit filled people who can use our gifts to help others in our family, our school, our neighbourhood and our world.

We listened to two young members of our parish as they shared their ‘helping stories’ and how much they have grown from their experience. What can we do for each other?

- 3rd Confirmation Family Night will be held on Tuesday 8th September
- Confirmation Workshop Day: Wednesday 7th October (Term 3) in the Church

**YEAR 3 RECONCILIATION**

The Reconciliation Information and Registration evening took place this week. Any families who were unable to attend are asked to please contact the Parish on 97003781 as soon as possible and speak with Didi.

Monique Fallace, Religious Education Coordinator

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**LEARNING AND TEACHING**

**Numeracy News**

This Term the junior grades are sending Numeracy home in a box.

Many children in the junior grades have already been bringing the “Maths Treasure Chest” home.

It is intended that the whole family spend time exploring and using the items in the Treasure Chest when your child brings it home. Inside the chest, there are all sorts of treasures for the family to explore. While playing the games, you will be able to observe the mathematics children are learning. The Treasure Chests contain Task Cards and Discussion Cards that will give ideas about ways to encourage your child to count, locate, measure, design, play, explain and use mathematics.

This is another way you can support your child’s mathematical learning and numeracy development. Perhaps you can make your own treasure chest for your child to use at home.

Esther Atwell, Numeracy
Art News

Hello to everyone and thank you for your support in my absence. I needed to have an emergency operation and I am recovering well, but slowly.

Help needed upon my return in Term 4.

- I am looking for some parent helpers during Art classes.
- We need dads (with a pressure cleaner) to clean and undercoat some garden statues.

Please feel free to email me on ltorossian@spanhills.catholic.edu.au if you are able to help out in any way on a Monday or Tuesday.

We will be starting a new lunchtime garden project in Term 4 where children will be decorating and painting ceramic tiles to be used in one of our garden areas.

In the meantime..........  
- Children interested are invited to sketch a design for a 10cmx10cm square tile.  
- Children may create as many sketches as they like and the most creative and colourful designs will be chosen.  
- Please write your name and grade on the back.  
- Designs can be handed in to the front office as soon as completed.

Any donations of: newspapers, ice cream containers and any old (washed) stockings can be left on the bookshelf next to the Art room door. All donations will be greatly appreciated.

Looking forward to returning back to the Art room and seeing everyone soon.

Leonie Torossian

WELLBEING

Building emotionally resilient behaviour

There are many ways we can help our child build emotional resilience. One very powerful way is to give behaviour specific feedback to your child when you see them behaving or thinking in a resilient manner. Children love to hear specifically what they are doing that is on the right track rather than just hearing generalisations such as ‘well done’ or ‘you did well’. Here are some examples of giving specific feedback for emotionally resilient behaviours:

Ways to praise your child for emotionally resilient behavior:

- “I can see that even though you are a bit nervous, you are going to try to do it anyway”
- “Even though you are finding this hard, you are not getting too sad about it”
- “I can see you are choosing not to get into a fight”
- “Good for you, you didn’t let yourself get too angry”
- “You’ve learned how not to get too worried”
- “You see, you can get through something that seems scary”
- “Even though you didn’t know how to play the new game, you didn’t worry and you kept on trying”

Give lots of BSF (Behaviour Specific Feedback)

Behaviour – the behaviour they are doing that shows resilience and confidence.

Specific – be very specific e.g. “I like the way you went up and spoke to that girl you did not know – that was really confident!”

Feedback – Verbally praise when you see it. You are giving feedback as a “resilience” coach and children need guidance and positive praise when they are on the right path!

Subtle ways of giving feedback

Children need a lot of guidance around all sorts of behaviour and this needs to be constant and consistent. Children look to adults to get feedback on their behaviour even though they may not be aware of this. The feedback they get from you is one of the most powerful ways we can encourage resilient responses to setbacks. Our feedback can be very specific as explained above, but it can also be subtle and just as powerful. If we respond in a very anxious way to small setbacks our children are having the message is clear to children: I need to be anxious about this as well – if mum or dad is worried about this, then I need to be as well. The messages we give our children through our own emotional reactions teach children how to cope with life’s difficulties and they often learn how handle difficulties by observing our own behaviour.

FOOTY DAY – FRIDAY 18 SEPTEMBER 2015 (last day of Term 3)

Join in our annual Footy day celebrations on Friday 18th September

Come to school in your favourite football team’s colours and make this one day in September a day to remember. There will be fun ‘footy’ based activities throughout the day concluding with a “Footy themed” Assembly at 2:30pm

Children are asked to donate a gold coin which will go towards the Fight Cancer Foundation.

By wearing your colours you will be supporting Aussie Kids and teens living with Cancer.

A raffle will be drawn during Assembly. Tickets for the raffle are 50 cents each. Children will be able to buy tickets throughout the week.

FOOTY DAY SPECIAL LUNCH

There will be NO CANTEEN on this day
Reminders of our School Policy

Expectations of Parents
As a parent and role model, you play a special role in contributing to the needs and development of your child at St. Paul Apostle School, particularly through your encouragement.

We expect that staff, students and parents observe our school rules in all school interactions.

Parents Can Expect

- To be treated with courtesy, respect, honesty and fairness
- A staff committed to creating a learning environment which is orderly, supportive and safe
- Ongoing communication with the staff
- Their child to receive fair and consistent treatment

Parents Will Be Expected

- To be good role models by showing common courtesy, using appropriate language, being sensitive to individual needs, and being respectful to all staff and members of the school community
- To be supportive of the school’s authority to maintain a safe, orderly, non-threatening environment
- To deal with disputes with other families in the school community through the Principal or another member of staff delegated by the Principal. Parents are not permitted to approach another child about any disciplinary issue.
- To report to the school office with your child to collect a late pass when you arrive late. (see protocol below)
- To report to the school office for an early departure notice when collecting your child for early dismissal. (see protocol below)
- To ensure your child attends school regularly and punctually and explain absences and lateness to school. (see protocol below)
- To attend information sessions in order to keep informed of school policies and programs
- To participate in meaningful parent-teacher conferences to discuss your child’s school progress and welfare
- To bring to the attention of the school any learning difficulty or special needs that may relate to your child’s education
- To maintain up-to-date home, work and emergency telephone numbers and other pertinent information
- To provide appropriate legal documents to the school regarding court intervention or custody orders
- To observe the policy that smoking is not permitted on the school property
- To follow the correct procedures for dropping off and collecting students from the school
- To be responsible for property lost or damaged by your child

It is the responsibility of the offended party to inform the Principal when a breach of this code occurs. The Principal will meet in turn with both parties together with another member of staff who will take minutes of the meetings.

Parents who are not prepared to adhere to the above code may be advised in writing by the Principal that they can no longer enter the school grounds.

Absence From School: If your child is absent from school for any period of time, please email pgomes@spanhills.catholic.edu.au

at the school office by 10.00am on the day your child is away to explain the reason for absence. Please also provide a written note explaining the details of the absence upon your child’s return.

Please provide written notification in advance to the teacher, if your child is to be absent for any period during the day.

Messages to Teachers: Parents may send the class teacher an email if they want to notify the teacher of anything or to organize an appointment with the teacher. Use the initial letter of the teachers first name and their surname and @spanhills.catholic.edu.au e.g. for Mary Lucas mluucas@spanhills.catholic.edu.au

Everything sent along to school for the class teacher or office should be in an envelope clearly marked with the child's name, grade, purpose, e.g. School Fees - if money is sent, the envelope should also include the amount.

Leaving Early: Please provide written notification in advance to the teacher, if your child is to be leave early. When given prior notification the teacher will organise for your child to be collected from the school office. Unless there is a family emergency, office staff will not be able to interrupt the teaching program in the classrooms. Parents/Guardians collecting children from school early are required to obtain an “Early Dismissal” pass from the school office. Parents are encouraged to make appointments outside of school hours.

Assemblies: The children also assemble as a whole school each FRIDAY at 2:40pm in the PLC- senior learning centre to share events of interest, notable achievements and pray for their school. These assemblies are held to provide a means of regular contact between grades. Grade assemblies on Fridays are always advertised in the school newsletter and on the school app and parents are encouraged to attend.

NB: Unless there is an emergency, children cannot be dismissed early during an assembly.

Visitors: Parents/Guardians visiting the school, to collect children, drop off items, or help in classrooms, library and canteen must report to the school office to register and obtain a Visitors’ badge.

Car Park: Parents are asked to observe the following rules in relation to dropping children at school in the morning and collecting them in the afternoon from the front or rear of the school.

1. Enter and exit from the correct gates.
2. NOTE The front entrance can only be entered with a LEFT hand turn.
3. Do not exceed a 5kmph speed limit in the school grounds.
4. Either park in the designated spaces or use the drop off/pick up lane. If the car park is full you must wait at the front gate until the drop off/pick up lane or a car park is available. Alternatively there is ample street parking.
5. Show courtesy and consideration for other drivers and be cautious and alert.

Change Of Address or Phone Details: The school must be notified in writing immediately if there is a change in address or phone number at home, mobile or in the work place of parents and emergency contacts. This is to ensure up to date record keeping and contact in case of an emergency.
PARENTING TIPSHEET
BALANCING SCREEN TIME
As a parent, it may be difficult to know where to start when it comes to setting limits on children’s online activity. How much time online is too much? How can you set reasonable limits? And more to the point, how can you enforce them?
Here are some tips to help you bring a mindful balance to your family’s use of digital technology.

1. AGREE LIMITS
Talk to your children about the amount of digital time they’re living and then, based on what you agree is a healthy balance, set ‘switched off’ times of day. Help your children create a media use roster allocating blocks of time for homework, chores and their screen time.

2. BE AN OFFLINE SUPPORTER
Support and encourage your kids in activities that don’t involve a digital device. A ball game or reading a book are all great ways to show kids how they can enjoy themselves without a mobile, tablet or computer.

3. SET FAMILY RULES
Make sure you’re seen as a positive example. Do you want the dinner table to be a device-free zone? If so, then have everyone (including Mum and Dad) turn off their mobile phones and devices during dinner, or when taking part in family activities. Children are happier following rules if everyone in the family plays by them.

4. TURN OFF DEVICES BEFORE BEDTIME
Lack of sleep can affect alertness, concentration and memory. For a better night’s sleep try encouraging children to switch off at least one hour before bedtime. Create a charging station and charge all household devices in the one spot overnight.

5. MAKE THE MOST OF PARENTAL CONTROLS
Many parental controls tools allow you to set time-of-day restrictions on children’s device usage. We recommend Telstra Mobile Protect for mobile devices and Telstra Online Security for your home network.

6. CONSIDER THE DIFFERENCE BETWEEN TYPES OF SCREEN TIME
Not all screen time is created equal. Think about the differences between using a device for homework or creative expression versus using it for passive entertainment.

TELSTRA.COM.AU/CYBER-SAFETY

Mater Christi College Belgrave - Additional class for Year 7 2016
Enquire ASAP for Year 7 places and scholarship opportunities. Phone 9754 6611

Upcoming Reunions - Class of 2005 and 1995
Class of 2005 - 10 Year Reunion - 9 October at 7.00 - 9.00pm
Class of 1995 - 20 Year Reunion - 23 October at 7.00 - 9.00pm
RSVP: mcc@materchristi.edu.au

PFA
PFA Welcomes ALL Parents - Friday 9am in the Parents’ Room
What we have been up to:

School Banking: Don’t forget to hand in your Deposit Books first thing in the morning to avoid disappointment!

Please note: It’s never too late to join School Banking. Just ask us how.

SPAN Dinner Dance: What a great success our Dinner Dance was! A great turn out, delicious and stunning buffet by Silver Platter and Empire Ant were a great triumph!!! We ate, danced the night away and laughed! Those who came have asked us to organise another one next year so keep an eye on this space with news!

We made a Profit of $1300 on the night. Thank you to all who participated and helped at this event.
Some photos have been uploaded in the SPAN App’s Gallery. Check it out!

Father’s Day: This week we will be celebrating our Dads. Father’s Day Breakfast and Raffle will be on Friday 4th September. The PFA are asking for donations to go towards the raffle.

Cooking Class: News coming soon!

Once again, please feel free to come in anytime. We are always there on a Friday and would love for you to join us. If you have any queries or suggestions and you are not able to pop in, please drop us a line on spanpfa@gmail.com. We are always happy to hear from anyone and will respond to any query.
Illustrator Marc McBride visited us on Wednesday 2nd September.

Marc has illustrated over fifty book covers and countless magazines, as well as producing artwork for advertising campaigns. He is best known for his illustrations in the Deltora Quest series, written by Emily Rodda.

Prep 2016 Magical Wonderland Party

FRIDAY 18 SEPTEMBER 2015

END OF TERM 3